

The Greenville Area Parkinson Society

in partnership with



and



presents



GAPS in Motion!

*Exercise is the best medicine
to combat Parkinson's Disease!*

3 Opportunities to **MOVE!**

Greenville

Seneca

Clemson

**Phillis Wheatley
Community Center**
40 John McCarroll Way
Greenville, SC 29607
Every Friday
12:00pm - 1:00pm

**Seneca
Presbyterian Church**
115 W South 1st St.
Seneca, SC 29678
1st and 3rd Fridays
3:00pm - 4:00pm

**Clemson
Downs**
500 Downs Loop
Clemson, SC 29631
2nd and 4th Fridays
3:00pm - 4:00pm

Admission is free!

gapsonline.org

(864) 905-2574



Greenville Area
Parkinson Society

We Walk With You.

**COME MOVE
WITH US!**