

CLEMSON DOWNS



RETIRE WELL AT CLEMSON DOWNS



RETIRE WELL.



CLEMSON DOWNS

RETIRE WELL.

Welcome to Clemson Downs!

Thank you for your interest in our retirement community - the only continuing care retirement community model serving the Clemson area. We opened in 1980, when a small group of retired Clemson professors and local business leaders formed Clemson Area Retirement Center, affectionately known as Clemson Downs. Our friendly staff exemplifies professionalism and care by serving our residents with skill and compassion.



Our 38 acre tree-lined campus is ideal for making this pastoral community your home. We are located within the city limits of Clemson, South Carolina and our purpose built neighborhood reflects design elements that promote each resident's wellness through engaging activities and programs. Our residents routinely take part in entertainment and educational opportunities offered by nearby Clemson University, Southern Wesleyan University, and Tri-County Technical College.

At Clemson Downs, we take pride in our continuum-of-care model, fusing Independent Living, Assisted Living, Memory Care and Skilled Nursing into a unified and supportive environment. As a resident at Clemson Downs, we give you our commitment to offer services that maximize your lifestyle.

I hope you find this packet informative and I invite you to visit our campus. Please plan to have lunch with us in our well-appointed dining room, and see for yourself why so many people have decided to call Clemson Downs home.

Sincerely,

James Hill
Executive Director



VISIT
OUR WEBSITE
FOR MORE INFO:
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WHAT SETS US APART

Clemson Downs celebrates over forty years as a local, privately owned community. Our continuum of care model offers four primary living options to serve the diverse needs of retirees. Our community tailors programs and care for our residents through four core pillars: *Independent Living, Assisted Living, Memory Care, and Skilled Nursing.*

You will enjoy our 38-acre campus with its expansive areas of pastoral green space. It is in this setting that our compassionate and long-serving staff excel in providing personalized resident-centered quality care and services to all.

Living & Lifestyle

- Each solid brick building is well-constructed to ensure privacy and safety
- Nine Independent Living Apartment Options
- Each apartment includes a dedicated parking space and locking mailbox
- Both floors in Independent Living feature ground-level entryways and exits
- Furnished lobbies are located in each apartment section and are connected by wide spacious hallways
- Communal laundry rooms feature complimentary washer and dryers
- On-site dusk to dawn security guard, as well as continuous on-site surveillance
- Full-time maintenance, shuttle or van transportation provided for all residents
- Full-time activity coordinators for each level of care

Personalized Care

- Concierge In-Home Care is available to support independent lifestyles
- Skilled Nursing Care provides semi-private, private, and enhanced private rooms
- Purpose-built memory care designed for resident enrichment and safety

Wellness

- On-site licensed and credentialed wellness director can customize a fitness plan for each of our resident's needs and goals
- On-site fitness center with a variety of anaerobic and aerobic machines





NEARBY ATTRACTIONS

Why retire in Clemson, South Carolina?

The City of Clemson is a wonderful place to retire. Studies have shown that university towns offer an ideal lifestyle for retirees through resources that engage the mind, body, and soul. We benefit from four mild seasons and a wide range of entertainment, sports, and intellectual resources at Clemson University, which is just 2.5 miles down the road.

The **South Carolina Botanical Gardens** are open year round with 295 acres of flowers, plants, garden rooms, structures and trails that provide enjoyment at any time of year. The Fran Hanson Discovery Center houses a gift shop and rotating art exhibits. The Hanover House and Hunt Family Cabin are located on the property as well as the Bob Campbell Geology Museum and the Natural Heritage Garden Trail, featuring South Carolina's differing habitats from the coast to the mountains.

Clemson University is just two and a half miles from Clemson Downs. The University offers quality athletic programs and is ranked 20th by *U.S. News & World Report* among all public universities in the nation.

The **Brooks Center for the Performing Arts** is the home for the performing arts at Clemson University. The state-of-the-art facility serves as a roadhouse to many nationally and internationally acclaimed dance companies, theatre troupes, and music ensembles of all types. The Brooks Center was recently ranked 8th in the top 25 most amazing University Performing Arts Centers.

Lake Hartwell, Lake Keowee, and Lake Jocassee are perfect for boating and feature beautiful coastlines ideal for picnics and other fun, warm weather activities. The **Jocassee Gorge** is named in *National Geographic* as one of 50 of the *World's Last Great Places - Destinations of a Lifetime*.



INDEPENDENT LIVING



Live Life Here



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OUR WELLNESS-BASED COMMUNITY

CLEMSON DOWNS ADHERES TO, AND PROVIDES OPPORTUNITIES FOR OUR RESIDENTS TO PARTICIPATE AND ENGAGE IN THE SEVEN LEVELS OF CARE.

Physical

Let our credentialed and licensed wellness director design a personalized program for you, or participate in one of our many group classes and sessions.

Emotional

We provide emotional support from our compassionate and caring staff to the continuing multi-generational interaction with students from kindergarten to college.

Spiritual

Clemson Downs offers several opportunities for weekly on-site ecumenical services hosted by local church leaders, as well as an expansive pastoral green space acting as a natural sanctuary.

Social

You are welcome to participate in the many engaging on and off campus activities that are hosted on a weekly basis.

Intellectual

Our residents can attend a wide variety of lectures onsite or at the Osher Lifelong Learning Institute (OLLI) as well as events at Clemson University, Southern Wesleyan University and Tri-County Technical College.

Vocational

There are many opportunities to volunteer in our community as well as on campus with the Clemson Downs Volunteers, you can also serve as a hall representative and on the CARC Board of Directors.

Environmental

Clemson Downs is a certified wildlife sanctuary with dedicated green spaces and community gardens. Each apartment features a spacious outdoor living terrace.



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LIFESTYLE AMENITIES

- Your choice of nine different apartment floor plans, all including an outdoor terrace
- Separate interior community storage space
- Laundry rooms with complimentary communal washers and dryers on each hall
- Basic wi-fi and cable included
- All buildings have ground level entranceways as well as sensory automatic doors and wide hallways for ease of mobility
- Individual locked mailboxes to ensure privacy
- A Clemson Downs transport driver is available as needed for personalized outings and off-campus appointments
- A weekly shuttle bus is provided to local stores weekly
- A waterproof call pendant is issued to each resident for 24 hour response
- All lawn care and apartment maintenance provided
- Fire alarm system with visual and audio alerts

ASSISTED LIVING



**Always Here with
a Helping Hand
and a Smile**



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LIFESTYLE AMENITIES

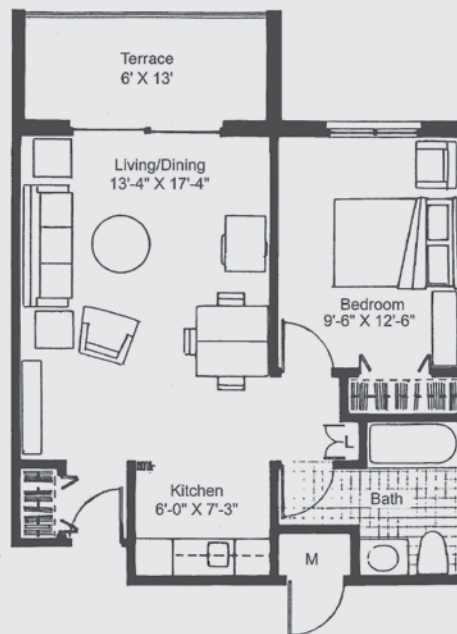
- Larger apartments that allow a real home-like atmosphere, including an individual outdoor patio
- Certified medical staff are available around the clock
- Medication management by our caring staff for peace of mind
- Full-time activity coordinator designs activities for assisted living level of care and individual needs
- Assisted Living residents enjoy three meals a day in their private dining room
- Transportation services are available to nearby stores, community events
- Adaptive group exercise classes are held regularly
- A weekly on-site physician, as well as other clinical services are available and assessed at an additional fee, including physical, occupational, speech, podiatry, and beauty salon
- Laundry and housekeeping services provided



ASSISTED LIVING FLOORPLAN TYPE 8

This spacious and home-like one bedroom apartment with living room, gives our residents a feeling of independence while meeting their needs.

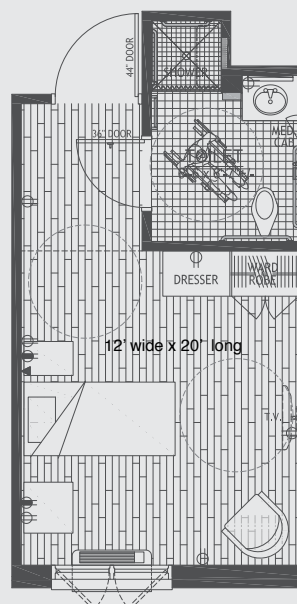
564 Square Foot
75 Square Foot Terrace



UPSTAIRS CREEKSIDE COTTAGE ASSISTED LIVING FLOORPLAN

This private, individual bedroom encourages independence and can be styled to meet the resident's personal tastes and needs.

220 Square Foot



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SKILLED NURSING



**Compassionate,
Dedicated Care
Focused on You**



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LIFESTYLE AMENITIES

- 24-hour supervision by nursing staff
- Board-certified physician and nurse practitioner on-site weekly
- Wheelchair lift equipped van for transportation to medical appointments
- Private, semi-private, and enhanced private rooms available
- Full-time activity coordinators design activities for skilled nursing care
- Hydrotherapy whirlpool for all skilled nursing residents
- Quarterly podiatry visits, x-rays as ordered, and lab services available on-site
- Private dining featuring a steam buffet bar to optimize choice and variety
- On-site rehabilitation services including occupational, physical, and speech therapy
- A professional beauty salon is located on-campus
- Spacious sun room for family visits
- Laundry and Housekeeping services included
- If needed, we welcome the hospice of the family's choice to provide on-campus services



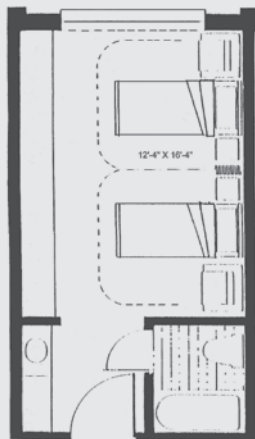
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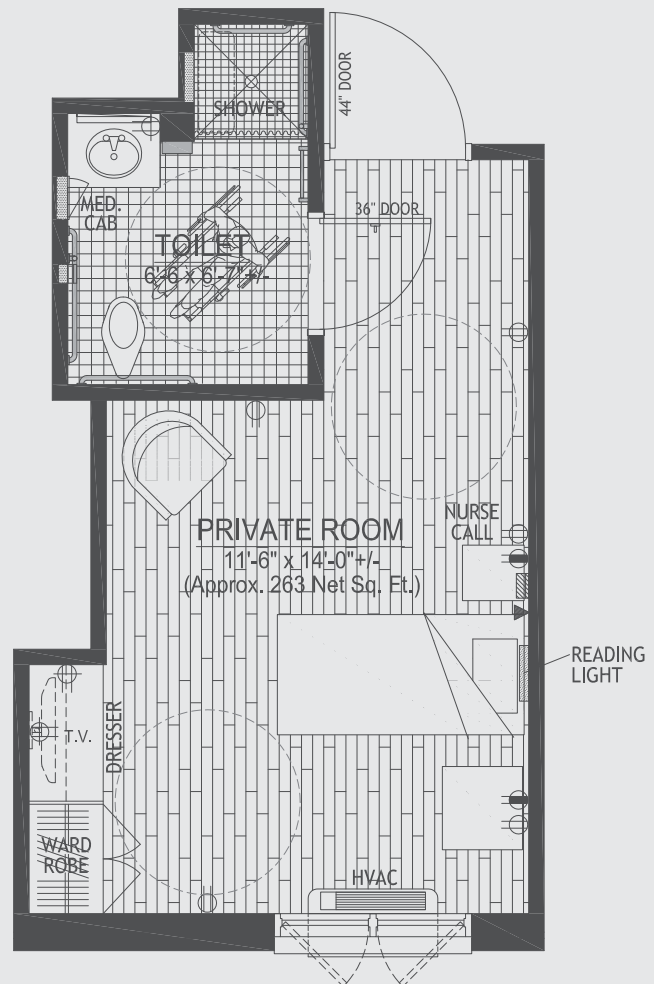
SKILLED NURSING FLOORPLAN

We designed our skilled nursing rooms with the goal of meeting your every need so that living at Clemson Downs is not just a comfortable experience, but a rewarding one for you or your loved one. Private, semi-private, and enhanced private rooms are available.

220 Square Foot



Semi-Private Rooms: 310 Square Feet



Private Rooms: 220 Square Feet



MEMORY CARE



**Dedicated Care for Mind,
Body, and Spirit**



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LIFESTYLE AMENITIES

- Individualized care plans designed to create a sense of meaning and purpose for each resident
- Private rooms for all residents
- Daily supervision by a registered nurse as well as our memory care team
- “Purpose-built” secure design features are ideal for memory care residents
- Whirlpool bathing facilities for memory care residents
- Wheelchair lift equipped van for transportation to medical appointments
- Full-time activity coordinators, as well as wellness directors who provide additional services and friendship
- Podiatry, x-ray, and lab services are routinely available on-site
- Private dining optimizing choice and variety for three daily meals
- On-site rehabilitation services that include occupational, physical, and speech therapy
- Professional beauty salon and barbershop for residents
- Residents will enjoy beautifully landscaped areas surrounding Creekside Cottage
- Laundry and housekeeping services offered daily



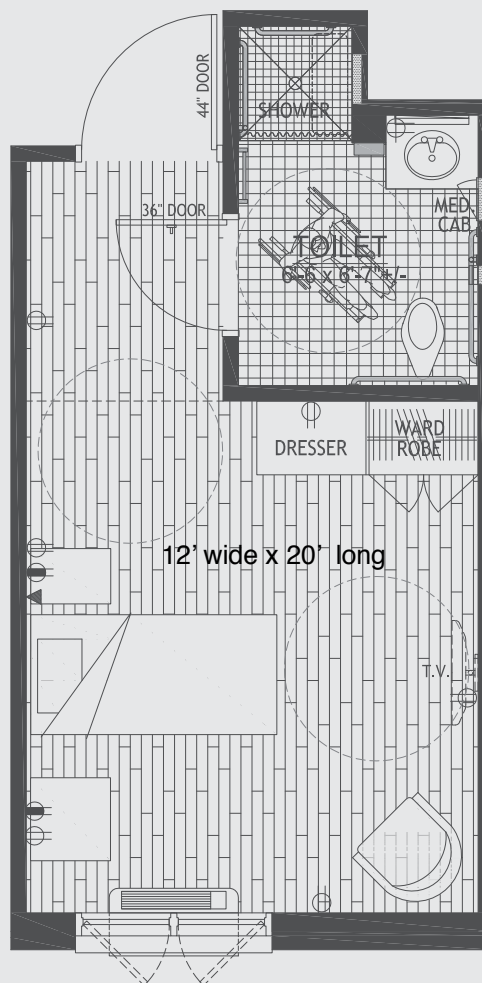
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MEMORY CARE FLOORPLAN

In crafting the first, freestanding Memory Care Center in our region, we built deliberate design elements into our private rooms to suit each need of our residents. The result is a new standard for Memory Care in Upstate South Carolina.

220 Square Foot



Private Rooms: 220 SquareFeet



CONCIERGE IN-HOME CARE



**We're There
When You Need Us**



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WHAT'S PROVIDED?

- Dedicated staff of Certified Nursing Assistants, under the supervision of an RN, who deliver scheduled services within your apartment
- Regular wellness checks
- Medication management and daily reminders
- Help with daily tasks, including transportation and assistance at doctor appointments, simple wound care and bathing
- Customized approach aimed at maximizing your independence



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As a resident at Clemson Downs, we give you our commitment to offer services that maximize your lifestyle. One such service is Concierge In-Home Care where we provide tailored assistance for residents and families who request it. Our experienced staff delivers high quality, in-apartment services with one goal in mind: to maintain your independence and dignity. We provide routine wellness checks, medication management, personal care, as well as help with other daily tasks.

A new or existing resident can enroll in Concierge In-Home Care at any time for either a short term or long term need. Our staff will then craft a personalized plan to maximize independence in your everyday life. Our staff can also assist with an individualized care plan and consult with stage of life choices.

During your campus visit, our staff will be happy to discuss the benefits of Concierge In-Home Care with you and your loved ones.

CONCIERGE IN-HOME CARE PRICING

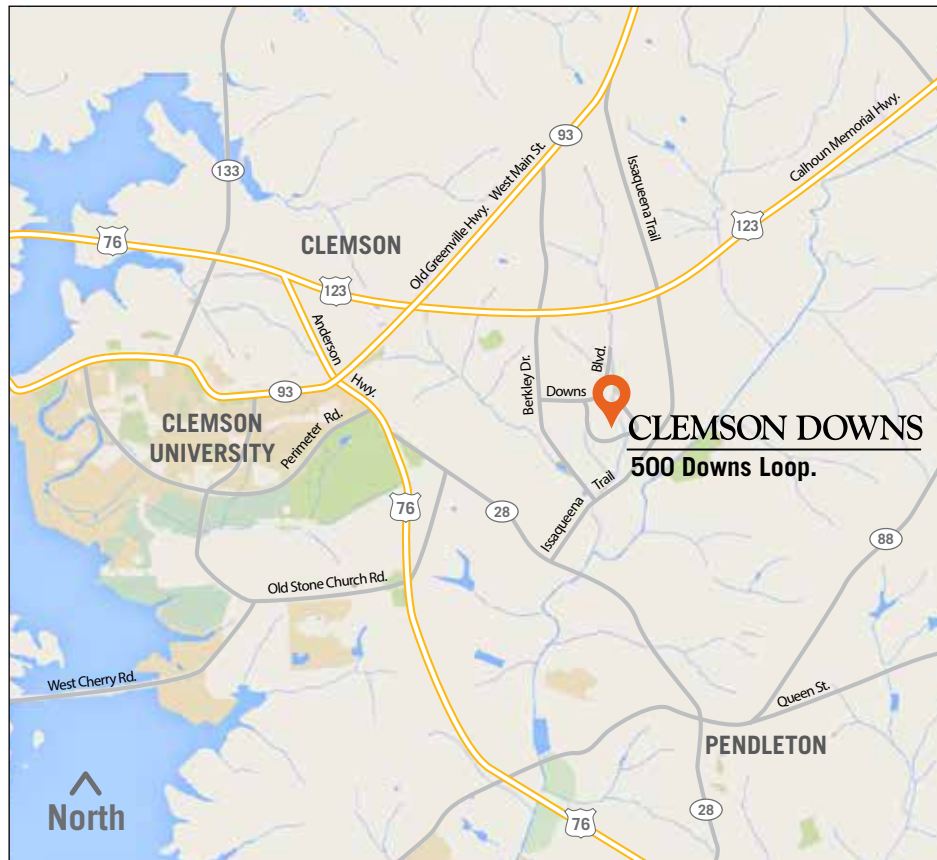
Includes wellness checks, medication management, assistance at doctor appointments, bathing and more.

	RATES
CERTIFIED NURSE ASSISTANT (CNA)	\$5 per 15 minute increment.*
REGISTERED NURSE (RN)	\$11 per 15 minute increment.*

*Billed in 15 minute increments, or any portion thereof.

Effective Date: January 1st, 2020





500 Downs Loop Clemson, South Carolina 29631



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**#RetireWellClemson
#livelifehere**



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