






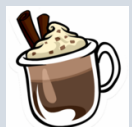





November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>All activities are held in the Common Area Unless otherwise noted.</p> <p>**Note: All Activities Subject to Change**</p> <p>Mail delivery Mon-Fri between 1pm-2pm</p>	<p>Special Dates:</p> <p>Peanut Butter Lovers Month</p> <p>Veteran's Day – 11th</p> <p>Thanksgiving – 22nd</p> <p>Thankfulness Month</p>		<p>1</p> <p>7:30am -Coffee & Morning News 11:00am - Chair Yoga 2:30pm - Piano/Sing-a-Long 3:30pm - Bingo 6:15pm - After Dinner Social Hour</p>	<p>2</p> <p>7:30am -Coffee & Morning News 10:30am - Men's Group 2:30pm - Resident Monthly Meeting (Family Welcome)</p>	<p>3</p> <p>7:30am - Coffee & Morning News <i>Visit with your neighbor</i> <i>Visits with Family and Friends</i> 12:00pm - Louisville vs Clemson</p> 
<p>4</p> <p>Daylight Saving Time Ends 7:30am - Coffee & Morning News 10:00am - In Touch with Charles Stanley 11:00am - The Lawrence Welk Show 3:45pm - Clemson Presbyterian Worship Service (Downstairs)</p>	<p>5</p> <p>7:30am -Coffee & Morning News 10:30am - Exercise - Chair Aerobics 2:00pm - Creative Hour - Music with Instruments 3:30pm - Manicures</p>	<p>6</p> <p>Beauty/Barber Shop Appointments~ 7:30am -Coffee & Morning News 2:30pm - Dog visit with "Ozzy" 3:00pm - Exercise - Full body Strength training 6:15pm - After Dinner Social Hour</p>	<p>7</p> <p>7:30am - Coffee & Morning News 10:30am - Bible Study 1:30pm - Visits with Easter, the Rabbit 2:30pm - Exercise - Cardio/Strength training</p>	<p>8</p> <p>7:30am -Coffee & Morning News 11:00am - Chair Yoga 1:30pm - Trivia and Juice 3:00pm - Bingo 6:15pm - After Dinner Social Hour</p>	<p>9</p> <p>7:30am -Coffee & Morning News 10:30am - Men's Group 10:30am - Ladies' Coffee 4:00pm - Veteran's Day Program in the CD Main Dining Room</p>	<p>10</p> <p>7:30am - Coffee & Morning News <i>Visit with your neighbor</i> <i>Visits with Family and Friends</i> TBD - Clemson vs Boston College</p> 
<p>11</p>  <p>Veteran's Day 7:30am - Coffee & Morning News 10:00am - In Touch with Charles Stanley 11:00am - The Lawrence Welk Show 3:45pm - University Baptist Church Service (Downstairs)</p>	<p>12</p> <p>7:30am -Coffee & Morning News 10:30am - Exercise - Chair Aerobics 2:00pm - Creative Hour – Autumn Watercolor Paintings 3:30pm - Manicures</p>	<p>13</p> <p>Beauty/Barber Shop Appointments~ 7:30am -Coffee & Morning News 1:30pm - Word Games 3:00pm - Exercise - Full body Strength training 6:15pm - After Dinner Social Hour</p>	<p>14</p> <p>7:30am - Coffee & Morning News 10:30am - Bible Study 1:30pm - Visits with Easter, the Rabbit 2:30pm - Exercise - Cardio/Strength training</p>	<p>15</p> <p>7:30am -Coffee & Morning News 11:00am - Chair Yoga 2:00-2:30pm - Patriot Hospice Pinning Ceremony 6:15pm - After Dinner Social Hour</p>	<p>16</p> <p>7:30am -Coffee & Morning News 10:30am - Men's Group 10:30am - Morning Shopping Trip 2:30pm - Afternoon Shopping Trip</p>	<p>17</p> <p>7:30am - Coffee & Morning News <i>Visit with your neighbor</i> <i>Visits with Family and Friends</i> TBD - Duke vs Clemson</p> 
<p>18</p> <p>7:30am - Coffee & Morning News 10:00am - In Touch with Charles Stanley 11:00am - The Lawrence Welk Show 3:45pm - Clemson Presbyterian Worship Service (Downstairs)</p>	<p>19</p> <p>7:30am -Coffee & Morning News 10:30am - Exercise - Chair Aerobics 2:00pm - Creative Hour – Music Appreciation – Classical 3:30pm - Manicures</p>	<p>20</p> <p>Beauty/Barber Shop Appointments~ 7:30am -Coffee & Morning News 1:30pm - Game Hour 3:00pm - Exercise - Full body Strength training 6:15pm - After Dinner Social Hour</p>	<p>21</p> <p>7:30am - Coffee & Morning News 10:30am - Bible Study 1:30pm - Visits with Easter, the Rabbit 2:30pm - Exercise - Cardio/Strength training</p>	<p>22</p>  <p>Thanksgiving Day 7:30am -Coffee & Morning News 9:00am - Macy's Thanksgiving Day Parade – (NBC) 6:15pm - After Dinner Social Hour</p>	<p>23</p> <p>7:30am -Coffee & Morning News 2:30pm - Hot Cocoa & Hallmark Movies</p> 	<p>24</p> <p>7:30am - Coffee & Morning News <i>Visit with your neighbor</i> <i>Visits with Family and Friends</i> TBD - South Carolina vs Clemson</p>  
<p>25</p> <p>7:30am - Coffee & Morning News 10:00am - In Touch with Charles Stanley 11:00 - The Lawrence Welk Show 3:45pm - University Baptist Church Service (Downstairs)</p>	<p>26</p> <p>7:30am -Coffee & Morning News 10:30am - Exercise - Chair Aerobics 2:00pm - Creative Hour - Christmas Tree Decorating 3:30pm - Manicures</p>	<p>27</p> <p>Beauty/Barber Shop Appointments~ 7:30am -Coffee & Morning News 1:30pm - Trivia 4:00pm - Caroling with Sigma Kappa Sorority 6:15pm - After Dinner Social Hour</p>	<p>28</p> <p>7:30am - Coffee & Morning News 10:30am - Bible Study 1:30pm - Visits with Easter, the Rabbit 2:30pm - Exercise - Cardio/Strength training</p>	<p>29</p> <p>7:30am -Coffee & Morning News 11:00am - Chair Yoga 1:30pm - Game Hour 3:00pm - Bingo 6:15pm - After Dinner Social Hour</p>	<p>30</p> <p>7:30am -Coffee & Morning News 10:30am - Men's Group 4:15pm - Piano Performance by John Wang</p> 	<p>Be Sure to check out the Clemson Football game times on Saturday!</p> <p>CLEMSON</p> 